



PROVINCIAL ASSEMBLY SECRETARIAT,
KHYBER PAKHTUNKHWA

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Most Immediate
Assembly Business

No.PA/Khyber Pakhtunkhwa Legis-1 (R)/2025/
Date, Peshawar the 22 /09/2025/ 6399

To,

1. The Secretary to Government of Khyber Pakhtunkhwa, Health Department
2. The Secretary to Government of Khyber Pakhtunkhwa, Zakat, Ushr, Social Welfare, Special Education and Women Empowerment Department .

Subject: - **JOINT RESOLUTION No.213 ADOPTED BY THE PROVINCIAL ASSEMBLY OF KHYBER PAKHTUNKHWA.**

Dear Sir,

I am directed to refer to the subject cited above and to say that the Provincial Assembly of Khyber Pakhtunkhwa in its sitting held on 08-09-2025 passed unanimously the following Resolution No.213 moved by Mr. Fateh-ul-Mulk Ali Nasir, Ms. Suriya Bibi, Deputy Speaker, Mr. Abdul Ghani, Parliamentary Secretary for Population Welfare, Mr. Ubaid ur Rahman, Parliamentary Secretary for Health and Ms. Khadija Bibi, Members as follows: -

It is submitted before this August House that Chitral comprising both District Upper Chitral and District Lower Chitral is facing an immense social issue that is particularly affecting the lives of our youth, especially young women and highly educated persons.

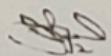
Acknowledging. That Chitral has one of the highest literacy rates in not only Khyber Pakhtunkhwa but all of Pakistan it is important to take action concerning the mental health epidemic that is plaguing the region.

Whereas. The youth of Chitral are highly qualified, they are not able to find jobs or adapt to the traditional lifestyle of their forefathers after completing their education. This is especially pertinent for females as they wish to use their skills to pursue a livelihood and become part of the economy but the social structure and limited opportunities available in Chitral often prevent them from doing so. This has unfortunately led to depression and even suicide becoming a common occurrence in both the urban and especially the rural areas of Chitral.

Therefore. This legislative Assembly must ensure that the Health, Social Welfare and Education Departments of our Province must devise a system that provides free career counseling, psychological therapy and if needed psychiatric treatment for young people that will help them cope with the challenges they face of living as educated individuals in a remote region. These facilities must be available at the Union Council level so that they can easily accessed and a telephone hotline for suicide prevention must also be established. The government must also reach out to non-governmental organizations that have experience in handling complex social issues. The epidemic of depression and suicide must be halted if Chitral is to progress.

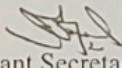
You are, therefore requested that action taken on the resolution may be intimated to this Secretariat within a period of two months from the date of its communication under sub-rule (3) of Rule 135 of the Provincial Assembly of Khyber Pakhtunkhwa Procedure and Conduct of Business Rules, 1988 for circulation amongst the Members of the Assembly.

Your faithfully,


(MALIK HASAN ZEB)
Assistant Secretary,

Copy of the above is forwarded for information to:-

1. Mr. Fateh-ul-Mulk Ali Nasir, MPA
2. Ms. Suriya Bibi, Deputy Speaker, Khyber Pakhtunkhwa
3. Mr. Abdul Ghani, Parliamentary Secretary for Population Welfare,
4. Mr. Ubaid ur Rahman, Parliamentary Secretary for Health.
5. Ms. Khadija Bibi, MPA
6. The Principal Secretary to President of Pakistan, Islamabad.
7. The Principal Secretary to Prime Minister of Pakistan, Islamabad.
8. The Secretary, National Assembly of Pakistan, Islamabad.
9. The Secretary to Government of Pakistan, Interior Division, Islamabad.
10. The Secretary to Government of Pakistan, Law and Justice Division, Islamabad.
11. The Chief Secretary, Khyber Pakhtunkhwa.
12. The Principal Secretary to Governor, Khyber Pakhtunkhwa.
13. The Principal Secretary to Chief Minister, Khyber Pakhtunkhwa.
14. The Principal Secretary to Speaker, Provincial Assembly of Khyber Pakhtunkhwa.
15. The Additional Director, I.T, Provincial Assembly of Khyber Pakhtunkhwa.
16. The P.S to Minister for Health, Khyber Pakhtunkhwa.
17. The P.S to Minister for Zakat, Ushr, Social Welfare, Special Education and Women Empowerment Department.


Assistant Secretary

